



Addiction Recovery

Join our Recovery Support Circle in Mumbai — a free and confidential group for addiction recovery, led by credentialed addiction therapists.



Led by trained therapists who are here to guide.

What is it?

- A free, non-affiliated support circle where participants connect, share, and learn from each other. Facilitated by professional addiction therapists, this group uses proven therapeutic processes to foster healing, growth, and connection.

Who is it for?

- Anyone over the age of 18 who is in therapy, has recently left rehab, is an alumnus of Samarpan, or is struggling with an addiction.

Is it confidential?

- Absolutely. All discussions in the circle are confidential.



Enjoy tea, coffee & Snacks after the session!

What will you gain?

- Experiential learning through shared experiences
- Educational insights into managing recovery
- Problem-solving tools to help navigate personal challenges

Why attend?

- Research shows that people in recovery who are supported and connected to others often experience better outcomes.
- It provides a safe space to share and learn in confidence, supported by professionals and peers.

Every
Saturday,
3:30pm to 5:00pm

At Samarpan,
Churchgate, Mumbai

Register for free at  **+91 91360 32440**